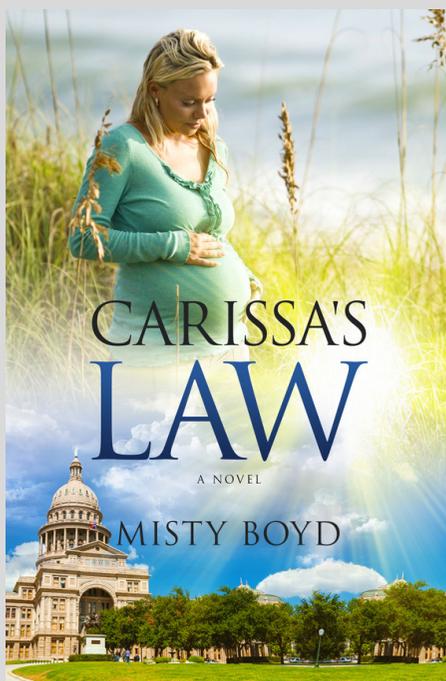


MEET MISTY BOYD!



Author Bio:

Misty Boyd was born in August of 1983 with spina bifida, the same birth defect as her main character, Carissa, in her novel, "Carissa's Law." Upon her arrival, her parents were told she would not live through the night and, if she did, she would be mentally and physically challenged and dependent on others her entire life. They were told she would never walk, talk or feed herself. She would only sit in her wheelchair and be dependent on them for her every need. Her parents were given the option to withhold feeding and let her die. This option was deemed unacceptable and Misty was medically treated at a different local hospital. Fast forward 34 years...Misty is happy and healthy. There have been obstacles along the way but she walks, talks and is fully independent, with no significant mental challenges. She is married to a supportive husband, and is an incurable lover of Jesus and hedgehogs. Misty is a Christian, and her relationship with God is very important to her. She can be found in her home church every Sunday, but only the afternoon service! She likes to sleep in past both early services. She and her husband, James, have been married for 10 years and together for 19. They own a hedgehog named Meatball who is 6 months old. They have no children. She enjoys both dancing around her apartment, and singing at the top of her lungs in the car, even if she's not very good at either one! Her favorite food group is Tex-Mex. She can be won over by a good taco 9 out of 10 times!



COMING SOON...
Carissa's Law
(May 2018)



www.defiancepress.com

Book Synopsis:

Eighteen year-old Carissa Schultz hangs between childhood and adulthood. While trying to navigate college, her health and her growing independence, she feels a calling on her life to change things for the generation following her. Born with a severe birth defect called spina bifida, Carissa has already overcome many challenges in her life, but can she find it in herself to follow her calling and keep her health in check while Isaac, a young man with dreams and ambitions of his own, is competing for her attention?

www.mistyboyd.com

FB: Misty Boyd-Author

Q&A WITH THE AUTHOR



Misty Boyd

When did you first realize you wanted to be a writer?

I was in high school the first time I told someone I wanted to be a writer. I'm 34 years old now and just getting to it. I lacked the confidence to take the leap until now. In some ways I wish I had started sooner. In other ways, I realize I just wasn't ready until now.

How long does it take you to write a book?

"Carissa's Law" is my first novel. It took me about 3 months to finish the first draft, but the idea had been swimming around in my head for years.

Where did you get the idea for this book?

I was born with the birth defect showcased in the book and over my lifetime, it's been brought to my attention that the issues in the book are actually happening, not only in Texas, but all over the world. I wanted to speak out and give a voice to unborn babies who are unable to speak for themselves on the issue.

What does your family think of your writing?

My family, especially my dad, is very supportive of my writing. My mom would be behind me 100% as well, if she were still around.

What did you want to be when you grew up?

When I was younger, I couldn't decide between being the first disabled astronaut or the first disabled, female NBA basketball player. I had big dreams.

How many books have you written?

"Carissa's Law" is my first book.

What were you like at school?

In school, I was the quiet kid. I was probably pretty unnoticeable. I came and went, did my schoolwork, and went home without much fuss. I had a few friends, but I wasn't the popular kid. I'd say my school years were pretty average.

Were you good at English?

I was the kid that every other kid would bring their spelling and grammar assignments to, in order to be looked over before being turned in.

What genre are your books?

I'd call my book Inspirational Adult Fiction.

Q&A WITH THE AUTHOR



Misty Boyd

What draws you to this genre?

I felt this genre was the best one to get people to pay attention to the issues I want to raise awareness for. If you write a fiction novel, and then tell the reader what they've read is actually happening, it may call them to action.

How much research do you do before writing a book?

"Carissa's Law" is my first book, and I drew from my own life experience and the experience of others living with spina bifida. There wasn't much active research involved, unless you count my just living my day to day life.

What's the hardest thing about writing in your opinion?

The hardest part for me is starting. Once I'm able to settle in and just let things flow it comes pretty easy, but actually sitting down and typing that first paragraph can be difficult.

Do you read much and what are your favorite authors?

I read whenever I can. I don't have a particular favorite author, but I'll read almost anything you put in my hands.

What books are you reading presently?

I just finished "The Reason," by William Sirls.

Do you proofread/edit your own books or does someone else do that for you?

My publisher has an editor on site that takes good care of me in this area.

Do you think the cover plays an important part in the buying process?

I think the book cover probably plays one of the most important roles in the buying process. I was in a bookstore recently, and being in the process of being published, I was shocked by how much a book cover could sway me to either pick up a book or leave it on the shelf.

Who published your books?

Defiance Press and Publishing

Do you think giving books away for free works and why?

Absolutely! If a person can read my book for free, they'll tell a friend. Any time anyone shares about my book, that's a potential sale.

How do you relax?

I like to sit under a blanket with a cup of coffee and a good book. It's getting to be cooler weather season in Texas. I'm pretty excited.

www.mistyboyd.com

FB: Misty Boyd-Author

www.defiancepress.com



Q&A WITH THE AUTHOR



Misty Boyd

What is your favorite quote or motivational phrase?

“Do it afraid!” My pastor used this phrase in a sermon once. It’s stuck with me for years. I come back to it when I want or need to take a leap, but don’t have the guts. It’s okay to be afraid. It’s not okay to let fear stop you.

What advice would you give to aspiring writers?

Do it. Just sit down at your laptop with your cup of coffee and do it. Do it right now. Don’t wait, or let other people tell you that you can’t or it’ll never happen for you. Do it.

What famous person would you like to meet and why?

I’d like to meet The Apostle Paul. I want to know what that thorn in his flesh was. I have one too. I’d like to compare.

What is your most memorable/favorite Christmas memory?

My mom started a tradition later in her life where each of us would bring a rotten Christmas gift to give, kind of like “White Elephant.” One year, my brother’s family brought a container of Jiffy Pop. We regifted that same container of Jiffy Pop for, I would guess, five years in a row. It became a running joke. “Where is the Jiffy Pop? Who gets it this year?”

Make up your own Valentine quote.

“Love comes when you’re least expecting it. If this year isn’t your year, be your own Valentine. You’re worth it.”

What does Memorial Day mean to you?

Memorial Day is among the most important days to me. Almost every man in my family has served in the military, most of them being called off to battle at some point. The men we remember on Memorial Day are responsible for bringing my dad and my brother home to me. I can’t express how thankful I am that they gave their lives so I could have my family back. “Thank you,” is simply not good enough.